

Join us for the 13th Annual Race to the Taste 5K Walk/Run

START: 10:30 am, Sunday, April 30, 2023
at the St. Augustine Amphitheatre

FINISH: at the 26th Annual Taste of St. Augustine

Scenic 3.1 mile Anastasia State Park course and surrounding quiet, shaded neighborhoods. Walkers & strollers welcome!



Your Race Entry Includes:

- Chip Timed Event
- Certified Race Course - 5K USATF Certified Course # FL10130EBM
- "Out and Back" course
- T-shirt, Goody Bag & Finisher Medals
- **Free Admission for 2 to the Taste of St. Augustine!**

ENTRY FEES

Pre-registration:

Before Feb. 28, 2023: ACRR Members - \$20, Adults - \$25, Children 6-15 - \$15, Children under 6 - Free
March 1 - April 29, 2023: ACRR Members - \$30, Adults - \$35, Children 6-15 - \$15, Children under 6 - Free

Race Day:

All Runners - \$40, **NO DISCOUNTS. Sorry - NO REFUNDS.**

Race Hotline: 904-829-3295 Website: racetothetaste.org

Name (first) _____ (last) _____

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Address _____ Apt/Suite _____ County _____

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City _____ State _____ Zip Code _____

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Primary E-mail Address _____

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M	F	Age on Race Day	Birthday	How did you hear about us?	Shirt Size
<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	<input type="text"/>	_____	S M L XL
<small>m/m/dd/yy</small>					

Make checks payable to: EPIC Behavioral Healthcare & mail to 3910 Lewis Speedway, Ste. 1106, St. Augustine, FL 32084



Register online and for more information:

racetothetaste.org

All proceeds benefit EPIC Behavioral Healthcare



Waiver (must be signed): I know that running a road race is a potentially hazardous activity which could cause injury or death. I should not enter or participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event; am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contacts with other participants, the effects of weather, including high heat and/or humidity, traffic, and conditions of the course including on and off road areas. I also understand that in the event that this race has to be cancelled for any reason beyond the control of the race management that my entry fee will NOT be refunded. I understand that bicycles, skateboards, roller skates or blades, animals and radio headsets are NOT allowed in the race. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Organizers of this event and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Please sign HERE (Parent MUST sign if participant is under 18 years of age)

Date Signed _____