



Prevention Resources:

Keeping adolescents, teens & their families healthy!

Education. Prevention. Intervention. Counseling.

Parenting Courses:

Active Parenting

A **free**, evidence-based program that helps parents practice assertive discipline, using “I” statements, setting consequences and active listening. It is a **six-session program** designed for parents of young children & adolescents, and is available for all types of parents.

Parenting for SUCCESS

A **free**, face-to-face program designed to empower parents to counter influences of the drug culture in their children’s lives. Aims to address communications skills, negative influences, responsibility, the teenage brain, the addiction cycle, and developing an awareness and increasing knowledge of the “toxic culture.”

Preventative Interventions for Adolescents:

A substance abuse education and counseling program for adolescents who are experimenting with alcohol and other drugs, and who need to learn about the legal, social and personal implications of their drug-using behavior and of choices made at home, at school and in the community.

Designed for those who have been referred by St. Johns County School District (SJCS), SJCS Athletic Code of Conduct, St. Johns County Law Enforcement, State Attorney’s Office Diversion Program, Teen Court, Parents, Self and Department of Juvenile Justice. EPIC provides this program in partnership with St. Johns County for all eligible youth grades 6-12. All prevention interventions for adolescents are **free of charge** for those interested.

Anger Management for Adults & Adolescents:

Anger management is a procedure of acquiring the skills to recognize signs that you are becoming angry, and taking action to deal with the situation in a positive way. We offer a Level 2 anger management program, with 1 required intake, 4 required sessions, and 1 required exit interview upon completion (*see fees below*).

Anger Management Fees: \$200

Includes 4 sessions (\$30 each), 1 intake assessment (\$50) & 1 exit assessment (\$30)

Adolescents/Teenagers:

North Campus

Adults Only:

North Campus

GET HELP NOW!

(904) 829-2273

1400 Old Dixie Hwy.

St. Augustine, FL 32084

We accept most commercial insurances, Medicaid, self-pay with sliding scales, Visa & MasterCard.

Accommodations are available for disabled or deaf/hearing-impaired. For assistance, use x7016